



# Resource Calendar



# January 2023

(909) 854-5193

Monday

Tuesday

Wednesday

Thursday

Friday

2

3  
**Bus Passes Distribution**  
**Rescheduled to January 12th**

4

5

6  
**Feeding America Food Distribution**  
**12:00pm-2:00pm**  
**Courtyard**  
**Doors open 11:45am**  
**Please bring a cart!**

9

10

11

12  
**SB County Dept. of Aging & Adult Services**  
**Bus Passes Distribution**  
10:00am-12:00pm  
Resource Upstairs  
**HICAP Counseling**  
Call to make an appointment  
(909)256-8369

13  
**OLDIES BUT GOODIES DANCE**

16  
**Martin Luther King Jr. Day**  
**Center Closed**

17  
**Raul Sevilla Medicare**  
9:00am-12:00 pm  
Hallway

18  
**Inland Caregivers: Healing with Art!**  
11:00am-12:00pm  
Assembly Rooms  
**Healthy Fontana**  
10:00am-12:00pm  
Hallway

19  
**Scan Health Plan**  
9:30am-12:00pm  
Hallway  
**Anthem Blue Cross**  
10:00am-12:00pm  
Hallway

20  
**Grand Terrace Hospice**  
10:00am—1:00pm  
Hallway

23  
**Inland Counties Legal Services**  
By appointment only  
(888) 245-4257  
Upstairs Resource Area

24  
**Alignment Health Plan iPhone and Android Training**  
10:30-11:30am  
Executive Conference Room

25  
**Kaiser Permanente**  
11:00am-1:00pm  
Hallway  
**Humana Medicare**  
10:00am-12:00pm  
Hallway

26  
**Flu and Covid-19 Vaccination Clinic**  
9:00am-2:00pm  
Courtyard

27  
**Inland Caregivers: En Espanol!**  
10:30-11:30am  
Exec. Conf Room.

30

31

\*Please note that presentations and services are subject to change  
\*All Presentations and Services are FREE unless otherwise indicated

**Alignment Health Plan**

Providing seniors with educational classes on senior scams, how to use cell phones, Medicare 101 and more.

**Feeding America Food Distribution**

Providing seniors ages 60+ with a free box of food. ID is not needed. Bring cart to load box!

**Grand Terrace Hospice**

Provides comfort care measures for those in end of life and assist family members.

**Healthy Fontana**

Providing seniors with healthy information on food, health and gardening.

**HICAP (Health Insurance Counseling & Advocacy Program):**

Providing free and objective information and counseling about Medicare. To make a counseling appointment call (909) 256-8369.

**Humana Medicare Advantage Health Plan**

Providing information on health insurance plans.

**Infinity Care Insurance Services:**

Providing information on various health insurance plans. Free blood pressure checks

**Inland Caregivers Resources Center**

Providing information on caregiving services.

**Inland Counties Legal Services:**

Providing information and services to free civil legal assistance to seniors who are 60 years or older who reside in Riverside and San Bernardino Counties. Free legal assistance provided by appointment only to make an appointment call (888)245-4257

**Kaiser Permanente**

Providing health care and medical education

**Raul Sevilla Medicare**

Providing Medicare health plans

**San Bernardino County Department of Aging and Adult Services**

Provides assistance with utilities , housing and free bus passes (first Tuesday of the month)  
Is a Medicare contracted. Offers health plan services.

**Scan Health Plan**

Providing information on health insurance plans.