

WHAT TO EXPECT

Dine-In Lunch Tickets

1. Purchase a lunch ticket at the East entrance counter for either 1st (10:45am) or 2nd(12pm) Lunch Service.
 2. Wait for Dining Room doors to open for your designated lunch service time.
 3. Enter dining room in a single filed line and wait at host station.
 4. Hand host your lunch ticket.
 5. Feel free to sit at any of our open tables. A server will be there shortly to take your drink order and begin service.
- **1st Service Dine-in seating ends at 11:30**, To-go only from 11:30-11:45am
 - **2nd Service Dine-in seating ends at 12:45**, To-go only from 12:45-1pm

To-Go Lunch Tickets

See above 1-4

5. Inform host that your meal is To-Go.
6. Host will hand you a To-Go sticker to fill out (your name and phone number).
7. Return completed To-Go sticker to host, and give your drink order.
8. Wait in hall for your name to be called. Host will bring out your drink and meal.



Events

New Line Rules (numerical order only) No saving space in line with chairs

Oldies But Goodies

1/13/2023

Dance 6:00pm-9:00pm

Tickets go on sale 12/12/22

- Senior :\$3.00
- Non Senior :\$6.00

Sweetheart Dance

2/10/2023

Dance 6:00pm-9:00pm

Tickets go on sale 1/16/23

- Senior :\$3.00
- Non Senior :\$6.00



Nutrition Program

Fontana Community Senior Center

16710 Ceres Ave, Fontana, Ca

909-854-5151

January 2023

Monday-Friday

two Lunchtime Options:

10:45am and 12:00pm

(1 hour duration)

Cost:

\$4 - 55+ Fontana Residents

\$6 - for all others























General Information

The Senior Center will be open

Monday—Friday 8am—5pm

Saturday 8am—12pm

January 2023

Mon	Tue	Wed	Thu	Fri
<p>2 Center Closed</p> <p>Creamy Tomato Chicken (Veggie Chicken) Over Pasta w/Roll S: Salad w/Dressing D: Baked Good</p>  	<p>3</p> <p>French Onion Pork Chop (Boca Patty) Mashed Potatoes Peas S: Soup D: Yogurt</p> 	<p>4</p> <p>Garlic Shrimp Stir Fry (Veggie Fish) Steamed Rice Baby Corn S: Soup D: Ice Cream</p> 	<p>5</p> <p>Turkey Patty w/Gravy (Veggie Chicken) Mashed Yams Broccoli S: Salad w/dressing D: Pudding</p> 	<p>6</p> <p>BBQ Beef (Veggie Beef) Potato Salad Corn on the Cob S: Slaw D: Fruit</p> 
<p>9</p> <p>Breaded Pork Chop (Boca Patty) Roasted Potatoes Spinach S: Salad w/Dressing D: Ice Cream</p> 	<p>10</p> <p>Creamy Chicken Soup (Veggie Chicken) w/Roll S: Salad w/Dressing D:Fruit</p> 	<p>11</p> <p>Coconut Curry Fish (Veggie Fish) Steamed Rice Peas S: Soup D: Yogurt</p>  	<p>12</p> <p>Cheese Enchilada Casserole (All Veggie) Mexican Rice Pinto Beans S: Soup D: Pudding</p> 	<p>13</p> <p>Beef Stroganoff (Veggie Beef) w/Egg Noodles Green Beans S: Salad w/Dressing D: Baked Good</p> 
<p>16</p> <p>CENTER CLOSED HOLIDAY</p>	<p>17</p> <p>Kung Pao Chicken (Veggie Chicken) Steamed Rice Broccoli S: Egg Roll D: Cookie</p> 	<p>18</p> <p>Pork Chop (Boca Patty) Wild Rice Carrots S: Soup D: Pudding</p>	<p>19</p> <p>Hamburger (Boca Patty) w/French Fries S: Salad w/Dressing D: Ice Cream</p> 	<p>20 BIRTHDAY LUNCH</p> <p>Lemon Garlic Steak (Veggie Beef) Roasted Potato Medley Green Beans S: Salad w/Dressing D: Cake *Ice Cream for Birthdays</p> 
<p>23</p> <p>Breaded Fish (Veggie Fish) Wild Rice Zucchini S: Salad w/Dressing D: Pudding</p>	<p>24</p> <p>Open Faced Turkey Sandwich w/Gravy (Veggie Chicken) Mashed Potatoes Buttery Corn S: Soup D: Ice Cream</p> 	<p>25</p> <p>Lemon Butter Shrimp (Veggie Fish) Cilantro Lime Rice Asparagus S: Salad w/Dressing D: Yogurt</p> 	<p>26</p> <p>Herb Pork Chop (Boca Patty) Roasted Potatoes Carrots S: Soup D: Fruit</p>	<p>27</p> <p>Spaghetti w/Meatballs (Veggie Meatballs) Broccoli Roll S: Salad w/Dressing D: Baked Good</p>
<p>30</p> <p>Cheesy Tortellini (All Sauce) w/ Marinara Sauce Side Salad Roll S: Soup D: Fruit</p> 	<p>31</p> <p>Beef Stew w/Veggies (Veggie Beef) Mashed Potatoes Roll S: Salad w/Dressing D: Yogurt</p> 			<p> Dairy</p> <p> Spicy</p> <p> Nuts</p> <p>S: Starter</p> <p>D: Dessert</p>

*MENU SUBJECT TO CHANGE