

Monday	Tuesday	Wednesday	Thursday	Friday
1	2 SB County Department of Aging & Adult Services Bus Passes 10:00am-12:00pm Resource Room Upstairs Infinity Care Insurance Services Blood Pressure check 10:00am-12:30pm	3 Green Family Cremation & Burial 10:00am-11:00am ExecConference Rm Alliance Insurance TMT Communications 10:00am-11:00am Hallway	4 Grand Terrace Hospice 10:00am-1:00pm Hallway	5 Feeding America Food Distribution 11:30pm-2:00pm Assembly Rm #1 & 2 Doors open at 11am Sports Day! 
8 FCSC Spirit Week! Pajama Day 	9 FCSC Spirit Week! Tropical Day 	10 FCSC Spirit Week! Multicultural Day 	11 FCSC Spirit Week! Wild West Day 	12 FCSC Club Rush Rally FCSC Day (Wear Brown & Orange) 
15 PBS Medicare 9:00am-11:00am Low Vision 9:30am-11:30am Inland Counties Legal Services 9:00am-12:00pm By appointment only Resources Area (888) 245-4257	16 Infinity Care Insurance Services Blood Pressure check 10:00am-12:30pm Neighborhood Healthcare 9:00am-12:00pm Hallway	17 Low Cost Auto Insurance 10:00am-12:00pm Hallway Kaiser Permanente 2:30pm-3:30pm Loteria Assembly Room 3 Must sign up at counters	18 HICAP (Medicare) Counseling Call to make appointment (909)256-8369 Resources (Upstairs) Molina Healthcare 11:30am-1:30pm Hallway (pending on email)	19 California Phones Android Phone Training Must sign up at counters 9:00am-11:00am East Conference Room Pinnacle Medical Group 9:30am-11:00am Hallway
22 West End Family Counseling Services Fall Prevention Presentation 10:00-11:00am Hallway	23 Heathly Fontana Programs to keep you healthy! 11:00am-1:00pm Hallway Breathe So Cal. Adult Lung Health Workshop 9:30am-11:30pm East Conference Room Must sign up at counters	24 United Healthcare 10:00am-12:00pm Hallway California Relay 12:00pm-2:00pm Hallway	25 Innovage Pace Medical Program 11:00am-1:00pm Hallway Alignment Health Plan 10:30-11:30am Hallway	26 Pinnacle Medical Group 9:30am-11:00am Hallway Perfect for Auntie 9:30am-12:00pm Hallway
29 Raul Sevilla Medicare 10:00-12:00 pm California Phones iphone Training Must sign up At East Counter 9:00am-11:00am East Conference Room	30 CarePatrol 10-12pm Hallway Humana Medicare Advantage Plan 10:00am-12:00pm Hallway	31 Inland Caregiver Resource Center 9:00am-1:00pm Hallway Colonial Penn Insurance 10:30-11:30am Hallway	*Please note that presentations and services are subject to change *All Presentations and Services are FREE unless otherwise indicated	

Alliance Insurance (TMT Communications)

Providing seniors with education on familiarity on today's electronic phones, providing educational presentations and one –on-one consultations to any participants that need help.

Alignment Health Plan

Providing seniors with educational classes on senior scams, how to use cell phones, Medicare 101 and more.

Breathe Southern California

Provide seniors resources that explain the symptoms and risk factors of common lung diseases such as asthma, COPD, and emphysema and ways to manage them with the help of their PCP's.

California Phones

A telephone access program for specialized phones. (800)-806-1191

California Relay

Provides seniors with services for individuals who may have a hearing loss, deaf, or speech difficulties.

CarePatrol

Providing services such as elder law attorneys, financial planners, house call physicians, dentist and medicare experts.

Feeding America Food Distribution

Providing seniors ages 60+ with a free box of food. Bring ID and cart to load box!

Grand Terrace Hospice

Provides comfort care measures for those in end of life and assist family members.

Green Family Cremation & Burial Affordable Services

Providing information on pre-planning funeral services.

Healthy Fontana

Providing seniors with healthy information on food, health and gardening.

HICAP (Health Insurance Counseling & Advocacy Program):

Providing free and objective information and counseling about Medicare. To make a counseling appointment call (909) 256-8369.

Humana Medicare Advantage Health Plan

Providing information on health insurance plans.

Infinity Care Insurance Services:

Providing information on various health insurance plans. Free blood pressure checks

Inland Counties Legal Services:

Providing information and services to free civil legal assistance to seniors who are 60 years or older who reside in Riverside and San Bernardino Counties. Free legal assistance provided by appointment only to make an appointment call (888)245-4257

InnoAge Pace Medical program

Providing Medical healthcare services for 55 years or older

Kaiser Permanente

Providing health care and medical education

Low Cost Auto Insurance

Educating seniors on low cost auto programs. State funded program

Medplus Hospice

Providing seniors with hospice information.

Molina Healthcare

Providing seniors with information in regards to Medicare plans and additional benefits at no cost.

Neighborhood Healthcare:

A medical, social and home care program exclusively for seniors

PBS Medicare Options

Providing information on Medicare health insurance plans

Perfect for Auntie

Providing information on medical, social and home care program

Pinnacle Medical Group:

Pinnacle Medical Group offers personal care by primary care physicians

Raul Sevilla Medicare

Providing Medicare health plans

San Bernardino County Department of Aging and Adult Services

Provides assistance with utilities , housing and free bus passes (first Tuesday of the month)
Is a Medicare contracted. Offers health plan services.