

Extra fruits and veggies benefits for each family member on WIC.*

Increase to \$35 issued through:

June

July

August

September

- Add fresh fruits and vegetables in **summer meals**.
- Stock up on **more** canned and frozen fruits and vegetables for later.

Visit MyFamily.WIC.ca.gov
for more information!

* Every WIC participant who is 12 months and older is eligible.



California Department of Public Health, California WIC Program
This institution is an equal opportunity provider.

Local Agency Information:

