



Home Food Delivery Program Weekly Menu



Monday	Tuesday	Wednesday	Thursday	Friday
February 01	February 02	February 03	February 04	February 05
Tuna salad (Tofu) Pita bread Pickle chips	Beef Stroganoff Over noodles (Veggie Beef) Peas Garlic Bread	Pork Chop (Veggie Beef) Spinach Rice Pilaf	Roasted Chicken (Veggie Chicken) Orzo Brussels Sprouts	Salisbury Steak (Veggie Beef) Green Beans Scalloped Potatoes



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Monday	Tuesday	Wednesday	Thursday	Friday
February 08	February 09	February 10	February 11	February 12
Coconut beef curry stew (Veggie beef) Basmati rice Pita bread	Cranberry chicken (Veggie chick en) Wild rice Spinach	Meat loaf (veggie beef) Mash potatoes Peas & carrots	Pork chops (Veggie beef) Rice Mix veggies	Egg salad Pita chips Green bean fires



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Monday	Tuesday	Wednesday	Thursday	Friday
February 15	February 16	February 17	February 18	February 19
Teriyaki Chicken (Veggie Chicken) Rice Mixed Vegetables	Cheese enchilada Rice Beans	Pork (veggie beef) Rice Peas	Chicken Piccata (Veggie Chicken) Mashed Potatoes Broccoli	Steak Fajitas (Veggie Beef) Black Beans Corn



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Monday	Tuesday	Wednesday	Thursday	Friday
February 22	February 23	February 24	February 25	February 26
Masala Chicken (Veggie Chicken) Basmati Rice, Naan Bread	Beef Chorizo w/ Potatoes (Soy Chorizo) Beans, Tortilla	Ground turkey chili beans (veggie beans) Corn muffin	Creamy Shrimp Alfredo pasta Peas (Veggie Shrimp) Roll	Honey Ham (Veggie Chicken) Roasted Rosemary Potatoes Carrots