



#FontanaTogether

Steal Home

Equipment:

- 1 ball
- 4 bases (baseball) or cones
- 8 participants (minimum)
- Music



Skill Emphasized:

- Cardio, Gross motor movements
- Baseball skills, Communication, Teamwork

Organization:

1. Set up modified baseball area, space out the area as much as possible
2. Make a home, first, second, third bases and three out field areas
3. 7 participants will be the defense: catcher (home plate) first basemen, second basemen, third basemen and three outfielders
4. One person will be the runner

Instruction:

- 1) One participant will start off as the base runner on home plate
- 2) The catcher at home plate will start off with the ball
- 3) As soon as the base runner is ready, and starts running for first, the catcher will throw the ball to their defense.
- 4) The object of the game is for the runner to round all the bases and make it home before the defense can throw the ball to each person on defense and getting the ball back to the catcher
- 5) If the runner makes it home first, they get a run (1 point) but if the defense gets the ball back to the catcher first before the runner makes it back home it counts as an out. (for both scenarios the runner gets only one turn).
- 6) For the defense to get an out the ball has to be thrown from the catcher to (1) third base, (2) second base, (3) first base to (4) right field, (5) center field, (6) left field and then back to the (7) third baseman and then lastly back to (8) catcher at home in this order.
- 7) To rotate turns it will move clockwise, the runner will become the new catcher, the catcher will become the new first basemen, first basemen will be the new right outfielder, right outfielder will be the new center fielder, center fielder will be the new second basemen, second basemen the new left outfielder, left outfielder will be the new third basemen, and the third basemen will be our new runner trying to score.
- 8) Let's see who can score a run!

Variations:

- Based on the skill set and age group you can up the degree of difficulty by having the defense throwing the ball to each base twice for two rotations.

