POP OUT CARD

If you ever wanted to make cards for your parents’ birthday and did not have time to buy any gifts, this can help you in a pinch! Make sure to ask a parent if you need help. This is a great way to show appreciation to those who have helped you or those you love. It shows you know them, and they matter to you. Showing appreciation has shown to improve your mood, change your mindset, become more engaged, and helps to build trust in your relationships.

MATERIALS

- 2 sheets of paper (stock if you have any)
- Pencils
- Scissors
- Coloring Items
- Glue or tape

INSTRUCTION

1. Fold the paper in half
2. Cut two lines on the folded side of the paper about one inch apart. You can play around with the size in between the lines.
3. Fold the tab up and crease it.
4. Open the card and then pop the paper towards the inside of the card. Now you are ready to decorate your card! After you are done with that, final few steps.

5. Decorate and design on the second paper. Cut out the design. Paste or tape your decoration on the bottom of the fold.

**MODIFICATIONS/ VARIATIONS**
To make it more creative, you can cut more pop out folds and have more designs pop out from the card.