



#FontanaTogether

Be a Social Spy

In this activity nonverbal communication, students will become social detectives, observing people's body language and facial expressions in their home or on TV to figure out how they may be feeling and read people's emotions.

Materials: Social Spy Handout & Pencil

Instructions: Dress up in your best spy outfit and fill out the question below on the people you see.

Reflection:

Now that you have found the clues of your case, What did you find? Non-verbal communication. **Nonverbal** communication helps us understand someone else's perspective without using words. Now that you have a chance to see how people act when you are not talking to them..Could you use non verbal communication to understand how someone is talking to you. Try it, remember communicating is with words, eyes and **non verbal communication** we have to read/observe the whole person.

Directions:

Find a place where you can quietly observe other people.If you don't have the opportunity to observe people in public you can observe characters on tv shows or around your home. Fill out the worksheet based on the people you see.

Describe someone you see who looks happy. What are they doing? What does their face and body language look like?

Describe someone you see who looks bored.What are they doing? What does their face and body language look like?

Describe someone who looks alone.What do you think they are feeling? Why do you think that?

Describe someone who seems friendly. What made you think they were a friendly person?

Describe a person where you weren't sure what they were feeling? What about them made it so you could not tell what they were feeling?

