3-INGREDIENT PUFFY PAINT

For this lesson, you will be using your creativity and art skills to create a picture with ingredients from your kitchen. You can use these ingredients to make a painting that puffs in the microwave.

You can paint any design or picture you want using these 3 ingredients. To begin, think of what you are planning to paint and then gather your materials.

MATERIALS

To make the paint:

- 1 tbsp Self-Rising Flour
  
  If you do not have self-rising flour, you can make it at home by mixing all of the following ingredients:
  
  - 1 cup all purpose flour
  - 1 and ½ tsp baking powder
  - ¼ tsp salt

- Food coloring
- 1 tbsp Salt
- ¼ tsp of Water per color
- Cardstock or Cardboard
- Paintbrush or Cotton Swabs

INSTRUCTIONS

1. Combine your flour and salt in a small bowl
2. Add the small amount of water and mix until you get a thin paste
3. Add the food coloring of your choice and mix well
4. Grab your paintbrush or cotton swab and start painting on the cardboard/cardstock
5. Once your masterpiece is done, put it in the microwave for 30 seconds and watch it puff up!

MODIFICATIONS/VARIATIONS

- To make it more challenging, try using a color only once!
- Create your own colors by mixing the food coloring together.