



#FontanaTogether

## KINDNESS BINGO

### Kindness facts:

- It is the quality of being friendly, generous, and considerate.
- You can express kindness through words
- You can express kindness through actions
- Helps make the world a more positive place
- Being kind makes you happier

This game of Bingo will show you what Acts of Kindness you can do, and you will be able to see which ones you have already done.



### MATERIALS:

- Marker or colored pencil
- Bingo Card
- Blank Sheet of paper to create your own bingo card
- Ruler

### EXAMPLE

### STEPS FOR CREATING BINGO CARD:

1. Gather your materials: Blank sheets of Paper, Ruler, Markers
2. Start by drawing a large square (You can use your ruler to help out)
3. Draw lines to divide the large square.
4. Fill in your squares with your own acts of kindness or you can use the ones provided.
5. Repeat the previous steps to make more than one bingo card.
6. To create calling card, use a sheet of paper and write down the acts of kindness you used on your bingo card, then cut them out.
7. We recommend you create yours from scratch, but if you can, you may print out the cards provided.

KINDNESS BINGO				
		FREE SPACE		

### STEPS FOR PLAYING BINGO:

1. Have some fun being kind by playing Kindness Bingo.
2. Using the bingo cards. Pick a random act and each time you do a kind act listed on the board, mark it off.
3. A complete row wins.
4. Play with others in your house and make it a kindness competition.

### OR

1. Use the Bingo cards you created or print out the sets of Bingo Cards
2. Use the acts of kindness you wrote out or print out the Acts of kindness, fold and put them in a container or make them into cards.
3. Have someone call out the acts of kindness, if it is something you have done, color in the card.
4. When you get 5 in a row, call BINGO!

### **MODIFICATIONS/VARIATIONS:**

- Come up with ways to win for example: 5 in a row, filling the whole board, fill up the outside boxes.
- If you don't have a printer, you can use a blank sheet of paper and draw out your own.
- If you see an act of kindness on the bingo card that you haven't done, don't be afraid to give it a try!