

**Acts of Kindness (Print and Cut Out)**

Recycle

Told someone I  
love you in the  
past week

Make lunch  
for someone

Recently told a  
parent how  
much you  
appreciate  
them

Open a door for  
someone

Did a chore  
without being  
asked

Helped  
someone

Send a post  
card to family  
that lives  
away

Called someone  
to say hello and  
brighten their  
day

Asked someone  
about their day

Got at least 30  
minutes of  
exercise today

Recently told  
a teacher how  
much you  
appreciate  
them

Smile

Sat next to a  
person who was  
alone

Organize an  
afternoon of  
games for  
family

Make someone  
else's bed

Listen to a  
person who is  
talking

Set the table  
for dinner

Stood up to  
someone who  
needed support

Create "Be  
happy notes"  
and pass them  
out

Took out the  
trash

Picked up  
trash that  
wasn't yours

Spent time with  
my pet

Gave someone a  
compliment

# Kindness Bingo



Picked up trash that wasn't yours	Called someone to say hello and brighten their day	Listen to a person who is talking	Sat next to a person who was alone	Recently told a teacher how much you appreciate them
Send a post card to family that lives away	Make lunch for someone	Open a door for someone	Organize an afternoon of games for family	Recycle
Told someone I love you in the past week	Smile	<b>FREE SPACE</b>	Stood up to someone who needed support	Make someone else's bed
Set the table for dinner	Helped someone	Spent time with my pet	Create "Be happy notes" and pass them out	Did a chore without being asked
Got at least 30 minutes of exercise today	Recently told a parent how much you appreciate them	Asked someone about their day	Gave someone a compliment	Took out the trash

# Kindness Bingo



Picked up trash that wasn't yours	Listen to a person who is talking	Recently told a teacher how much you appreciate them	Got at least 30 minutes of exercise today	Asked someone about their day
Set the table for dinner	Spent time with my pet	Did a chore without being asked	Smile	Make someone else's bed
Helped someone	Create "Be happy notes" and pass them out	<b>FREE SPACE</b>	Recently told a parent how much you appreciate them	Gave someone a compliment
Send a post card to family that lives away	Open a door for someone	Recycle	Called someone to say hello and brighten their day	Sat next to a person who was alone
Told someone I love you in the past week	Stood up to someone who needed support	Make lunch for someone	Took out the trash	Organize an afternoon of games for family

# Kindness Bingo




Spent time with my pet	Set the table for dinner	Smile	Create "Be happy notes" and pass them out	Asked someone about their day
Listen to a person who is talking	Gave someone a compliment	Open a door for someone	Told someone I love you in the past week	Recently told a teacher how much you appreciate them
Picked up trash that wasn't yours	Sat next to a person who was alone	<b>FREE SPACE</b>	Recently told a parent how much you appreciate them	Recycle
Took out the trash	Organize an afternoon of games for family	Did a chore without being asked	Make someone else's bed	Make lunch for someone
Got at least 30 minutes of exercise today	Send a post card to family that lives away	Stood up to someone who needed support	Called someone to say hello and brighten their day	Helped someone

# Kindness Bingo



Recycle	Told someone I love you in the past week	Make lunch for someone	Recently told a parent how much you appreciate them	Open a door for someone
Did a chore without being asked	Helped someone	Send a post card to family that lives away	Called someone to say hello and brighten their day	Asked someone about their day
Got at least 30 minutes of exercise today	Recently told a teacher how much you appreciate them	<b>FREE SPACE</b>	Smile	Sat next to a person who was alone
Organize an afternoon of games for family	Make someone else's bed	Listen to a person who is talking	Set the table for dinner	Stood up to someone who needed support
Create "Be happy notes" and pass them out	Took out the trash	Picked up trash that wasn't yours	Spent time with my pet	Gave someone a compliment

# Kindness Bingo

# Kindness Bingo