



FONTANA
CALIFORNIA

Sports Summer Camp 2020

(909) 428-8864
Sports.fontana.org

16860 Valencia Avenue
Fontana, CA 92335

Sports Camp



April 1, 2020

Dear Parents/Guardians,

Thank you for considering the Fontana Sports Summer Camp for your child's camp experience! The Fontana Sports Camp staff look forward to a safe, fun and rewarding summer camp experience with all its participants. Sport Campers will have the opportunity to participate in a wide array of activities that will be geared towards keeping everyone active! Activities will promote the building of social skills, positive and impactful relationships, all while building confidence in their athletic abilities.

This year's camp will be broken down into 8 one-week sessions for campers to enjoy! Each camp session will be offered Monday through Friday with a check-in time no earlier than 9:00 am, and a check out time no later than 5:00 pm. The summer season can be very warm and since campers will remain active, it is encouraged that participants come prepared in light colored, comfortable athletic clothing and shoes. This year's swim days will be scheduled for every Monday, Wednesday and Friday of the week so please ensure that your campers come prepared with the appropriate swim attire, towel and sunscreen for protection!

For further details on Sports Summer Camp and what to expect, please take a look at the "For Your Information" document, and as always, should you have any further questions, please feel free to contact the Sports Hotline at (909) 428-8864 or email us at sports@fontana.org and a Sports staff member will be more than happy to assist you. We look forward to meeting you and your camper this summer season and the ability to create memories!

Sincerely,

Sonia Ramos
Community Services Coordinator
Fontana Sports Camp





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For Your Information

Location:

- All Campers will meet daily at 9:00 am at the Fontana Park Sports Pavilion, 15610 Summit Avenue, Fontana CA 92336 (covered green hockey rink). Sign in will be **NO EARLIER** than 9:00 am unless registered for Camp Swim Lessons.

Lunch and Snack

- Lunch and Snack will be provided daily through the **Fontana Unified School District Summer Food Program**
- If your child has any special dietary needs, please be sure to fill out the "Medical Statement to Request Special Meals and/or Accommodations" form located in the Registration Packet **PRIOR TO** the first day of camp

Contact Information

- Emergencies do happen! Should you need to contact camp staff, please contact our Sports Hotline at 909-428-8864 for immediate assistance

Technology

- To protect the integrity of the camp program as well as the quality of the experience, personal electronic devices will **NOT** be allowed at camp
- If electronic devices should make their way to camp, camp staff will not be responsible for damage or theft of these devices

What to Bring?

- Water will be provided however, additional water may be supplied by parents to ensure all campers remain hydrated
 - Please provide campers with a refillable water bottle
- Comfortable and athletic clothing and shoes are **mandatory** for program participation
 - Sunscreen is also highly recommended but **WILL NOT** be applied by camp staff
- On swim days: **Appropriate Swim Attire, Towel, Flip Flops & Sunscreen**
 - For a complete list of Pool/Swim Rules and Attire specifications, please reference page 3 & 4 of the Registration Packet
 - Please have campers come prepared for swim days by having swim attire worn underneath their regular clothing for the day
- Spirit Days are on Thursdays of each week. Campers are encouraged to dress according to theme. Please ensure outfits are appropriate for daily activities.





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Sample Daily Itinerary

MONDAY		
Time	Activity	Mins
9:00	Sign-In	15
9:15	Morning Stretches/Workout	30
9:45	Restroom/Water Break	15
10:00	Blobs and Lines	30
10:15	Kickball	45
11:00	Restroom/Water Break	15
11:15	Scooter Hockey	30
11:45	Lunch	60
12:45	Swim Day	120
2:45	Snack Time	15
3:00	Lucky Visits	45
3:45	Restroom/Water Break	15
4:00	Clean Up Your Room	45
4:45	Break Down	15
5:00	Sign Out	

TUESDAY		
Time	Activity	Mins
9:00	Sign-In	15
9:15	Morning Stretches/Workout	30
9:45	Restroom/Water Break	15
10:00	Balloon Stomp	30
10:15	Mini Olympics	45
11:00	Restroom/Water Break	15
11:15	Soccer	30
11:45	Lunch	60
12:45	Foam Finger Crafts	120
2:45	Snack Time	15
3:00	Parks Time	45
3:45	Restroom/Water Break	15
4:00	Kin-Ball	45
4:45	Break Down	15
5:00	Sign Out	

WEDNESDAY		
Time	Activity	Mins
9:00	Sign-In	15
9:15	Morning Stretches/Workout	30
9:45	Restroom/Water Break	15
10:00	Roll and Share	30
10:15	Basketball	45
11:00	Restroom/Water Break	15
11:15	Water Wednesday	30
11:45	Lunch	60
12:45	Swim Day	120
2:45	Snack Time	15
3:00	Movie Time: Space Jam	120
5:00	Sign Out	

THURSDAY		
Time	Activity	Mins
9:00	Sign-In	15
9:15	Morning Stretches/Workout	30
9:45	Restroom/Water Break	15
10:00	Tangled	30
10:15	Sport Challenge	45
11:00	Restroom/Water Break	15
11:15	Disco Golf	30
11:45	Lunch	60
12:45	Color Me Kick Sack	120
2:45	Snack Time	15
3:00	Golf Pool	45
3:45	Restroom/Water Break	15
4:00	Hungry Hungry Humans	45
4:45	Break Down	15
5:00	Sign Out	

FRIDAY		
Time	Activity	Mins
9:00	Sign-In	15
9:15	Morning Stretches/Workout	30
9:45	Restroom/Water Break	15
10:00	Tilted Table	30
10:15	Bowling	45
11:00	Restroom/Water Break	15
11:15	Foot Golf	30
11:45	Lunch	60
12:45	Swim Day	120
2:45	Snack Time	15
3:00	Dodgeball Tournament	120
5:00	Sign Out	

SPORTS DAY

