Upcoming Events

Sweetheart Dance
February 14th
8pm-9pm
$3 resident 55+ $6 all others
Tickets on sale now!

Pala Casino
February 15th
8am-7pm
$34 resident 55+

President’s Day
February 17th
Center will be closed

Advisory Board Meeting
February xx
2:30pm
We will be installing the new advisory board for 2020.

Nutrition Program
February 2020
Monday-Friday
Doors open at 9:30am (beverage service only)
Food service 11am-1pm

Cost:
$4 - 55+ Fontana Residents
$6 - for all others

Fontana Community Senior Center
16710 Ceres Ave, Fontana, CA
### February 3rd-11th

**Monday, February 3rd**  
Grilled Chicken (Veggie Chicken)  
Plum ginger sauce, quinoa, chickpeas

**Tuesday, February 4th**  
White Fish (Veggie Fish)  
Strawberry salsa, brown rice, spinach

**Wednesday, February 5th**  
Hoisin Pork Roast (Veggie Pork)  
Black beans, plantains

**Thursday, February 6th**  
Spaghetti with Meat Sauce (Tomato Sauce)  
Broccoli, garlic bread

**Friday, February 7th**  
Turkey Burger (Veggie Turkey)  
Sweet potato fries, pickle chips

**Monday, February 10th**  
Open-faced Turkey Pot Pie (Veggie Turkey)  
Peas and carrots, biscuit

**Tuesday, February 11th**  
Pepperoni Pizza (Cheese Pizza)  
Salad

### February 12th-21st

**Wednesday, February 12th**  
Grilled Chicken (Veggie Chicken)  
Caesar salad, roll

**Thursday, February 13th**  
Pulled BBQ Pork Sandwich (Veggie Pork)  
Coleslaw, chips

**Friday, February 14th**  
Braised Roast Beef (Veggie Beef)  
Scalloped potatoes, green beans, roll

**Monday, February 17th**  
CLOSED

**Tuesday, February 18th**  
Thai Pork (Veggie Pork)  
Coconut rice, cashew & squash

**Wednesday, February 19th**  
Meatloaf (Veggie Meatloaf)  
Gravy, mashed potatoes, peas, roll

**Thursday, February 20th**  
Creamy Cajun Shrimp & Sausage (Veggie Fish & Veggie Sausage)  
Pasta, broccoli, bread

**Friday, February 21st**  
Birthday Lunch  
Oven fried chicken (Veggie Chicken)  
Mashed potatoes, gravy, corn

### February 24-28th

**Monday, February 24th**  
Tuna Sandwich (Veggie Fish)  
Baked chips, pickle spear

**Tuesday, February 25th**  
Herb-coated Pork Chop (Veggie Pork)  
Carrots, mashed cauliflower

**Wednesday, February 26th**  
Italian Wedding Soup  
Pasta, cheese

**Thursday, February 27th**  
Southwest Turkey Chili (Veggie Turkey)  
Cornbread, cheese, sour cream

**Friday, February 28th**  
Beef Fajitas (Veggie Beef)  
Mexican rice, pinto beans

*Vegetarian Options in Parentheses ( )

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Sweetheart BFF SoulMate You Rock Luv You For Ever Marry Me Kiss Me Be Mine Text Me XOXO You & Me Hug Me