



Inland 2019 Empire

Senior Games

For Seniors 50 Years of age or better

Friday, September 20 – Saturday, October 4, 2019

OPENING CEREMONY/SENIOR FITNESS & HEALTH FAIR SEPTEMBER 20TH

1:00 PM to 4:00 PM

Fontana Senior Center 16710 Ceres Ave. Fontana Ca. 92335

CLOSING CEREMONY & HEALTH FAIR OCTOBER 4TH

9:00 AM to 1:00 PM

Fifth Street Senior Center 600 W. Fifth St. San Bernardino Ca. 92401

Events Include:

Pickleball Sept. 21

Table Tennis Sept. 29

5K/10K Walk or Run Sept. 22

3-on-3 Basketball Sept. 29

Golf Sept. 23

Free Throw Sept. 29

Swimming Sept. 22

Hotshot Sept. 29

Co-ed Softball Tournament Sept. 24

Basketball Sept. 29

Horseshoes Sept. 25

Billiards Sept. 30

Tennis Sept. 28

Bowling Oct. 2

For more information please call (909) 384-5430 or (909) 384-5436

or visit www.SBCity.org/IESG to register

The Fontana Community Senior Center Y City of San Bernardino

orgullosamente presenta:



Inland 2019 Empire

Juegos de la tercera edad

Para personas mayores de 50 años o mas

viernes 20 de Septiembre– sabado 4 de Octubre

Ceremonia de apertura /Feria de salud y bienestar para adultos mayores

20 de Septiembre

1:00 PM to 4:00 PM

Fontana Senior Center 16710 Ceres Ave. Fontana Ca. 92335

Ceremonia de clausura y Feria de salud

4 de Octubre

9:00 AM to 1:00 PM

Fifth Street Senior Center 600 W. Fifth St. San Bernardino Ca. 92401

Los eventos incluyen:

21 de Sept. Pickleball

25 de Sept. Herraduras

22 de Sept. 5k/10K Cominar or Correr

28 de Sept. Tenis

23 de Sept. Golf

29 de Sept. Ping Pong

22 de Sept. Natacion

29 de Sept. Baloncesto 3 contra 3

24 de Sept. Tornen de softbol

30 de Sept. Billar

2 de Oct. 2 Bolos

Para obtener mas informacion, por favor llame (909) 384-5430 o (909) 384-5436

o visitsar [www. SBCity.org/IESG](http://www.SBCity.org/IESG) para registrarse