



# CAMP FIT: Welcome to the CAMP FIT

WEEK: 1

<b>CAMP FIT</b>	<b>MONDAY 6/5</b>	<b>Tuesday 6/6</b>	<b>WEDNESDAY 6/7</b>	<b>THURSDAY 6/8</b>	<b>FRIDAY 6/9</b>
9:00-9:30AM	OPENING Free Play (B)	OPENING Free Play (B)	OPENING Free Play (B)	OPENING Free Play (B)	OPENING Free Play (B)
CENTER 1 9:30-10:15AM	Orientation Tour Group Names (B)	Fruit Basket Upset (O)	Friendship Braclets (B)	Hit the Deck (Park)	Pet Rocks (P)
CENTER 2 10:15-11:00AM	Cross the River (O)	Indian Chief (MP)	Camoflage Mask (MP)	Dream Catchers (B)	Balloon Stomp (MP)
CENTER 3 11:00-11:45AM	The Human Knot (B)	S'mores Magnet (B)	Capture the Flag (O)	S'mores (P)	Musical Chairs (B)
LUNCH 11:45-12:30PM	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
CENTER 4 12:35-1:40PM	Plant Fossils (O)	OPEN SWIM	Trail Mix (PT)	OPEN SWIM	Marshmellow Shooters (B)
CENTER 5 1:40-2:40PM	Lions, Tigers & Bears (MP)	OPEN SWIM	Fuse Beads (MP)	OPEN SWIM	Hula Hood Tag (O)
SNACK 2:45-3:15PM	Aquatics Speaker (SNACK)	OPEN SWIM	Mobile Library Bus 2-4pm (SNACK)	OPEN SWIM	(SNACK)
CENTER 6 3:15-4:15PM	Dancing Name Game (B)	Swim Change Snack	Hot Potato (B)	Swim Change Snack	Lanyards (MP)
4:15-4:30PM	CLOSING (B)	CLOSING (B)	CLOSING (B)	CLOSING (B)	CLOSING (B)
4:30-5:00PM	Board Game (B)	Board Game (B)	Board Game (B)	Board Game (B)	Board Game (B)

(O) Outside

(B) Banquet Room

(G)Gymnasium

(P) Pavilion

(M) Meeting Room

(AC) Aquatics Center

(MP) Multipurpose Room

(PT) Patio

\*Activities subject to change



# CAMP FIT: Welcome to Hogwarts..Harry Potter Week

WEEK: 2

<b>CAMP FIT</b>	<b>MONDAY 6/12</b>	<b>TUESDAY 6/13</b>	<b>WEDNESDAY 6/14</b>	<b>THURSDAY 6/15</b>	<b>FRIDAY 6/16</b>
9:00-9:30AM	OPENING Free Play (B)	OPENING Free Play (B)	OPENING Free Play Crazy Sock Day (B)	OPENING Free Play (B)	OPENING Free Play (B)
CENTER 1 9:30-10:15AM	Orientation Tour Group Names (B)	Make your own Ties (MP)	Quidditch (O)	Make Your Own Pets (B)	Horcrux Hunt (Park)
CENTER 2 10:15-11:00AM	House Banner (MP)	MAGIC SHOW 10-11am (O)	Golden Snitches (B)	Azkaban Break Out (O)	Freeze Spell Dance (B)
CENTER 3 11:00-11:45AM	Wand Making (B)	Potions Class (PT)	Defense against the Dark Arts (MP)	Lord Voldemort (MP)	Divination Class (MP)
LUNCH 11:45-12:30PM	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
CENTER 4 12:35-1:40PM	Wizard,Wizard, Muggle (O)	OPEN SWIM	"Charms" Class (B) Mobile Rec	OPEN SWIM	Her bology (PT)
CENTER 5 1:40-2:40PM	Pavilion (P)	OPEN SWIM	12:30-2:30pm Butter Beer (PT)	OPEN SWIM	Lonely Moaning Mertle (MP)
2:45-3:15PM	(SNACK)	OPEN SWIM	(SNACK)	OPEN SWIM	(SNACK)
Center 6 3:15-4:15PM	Imperio (B)	Swim Change Snack	Giant, Wizard Elf (MP)	Swim Change Snack	HP Coloring Pages Movie (B)
4:15-4:30PM	CLOSING (B)	CLOSING (B)	CLOSING (B)	CLOSING (B)	CLOSING (B)
4:30-5:00PM	Board Game (B)	Board Game (B)	Board Game (B)	Board Game (B)	Board Game (B)

(O) Outside

(M) Meeting Room

(B) Banquet Room

(AC) Aquatics Center

(G)Gymnasium

(MP) Multipurpose Room

(P) Pavilion

(PT) Patio

\*Activities subject to change \* Magic Show 6/13 or 6/15



# CAMP FIT: Mad Scientist Week

WEEK: 3

<b>CAMP FIT</b>	<b>MONDAY 6/19</b>	<b>TUESDAY 6/20</b>	<b>WEDNESDAY 6/21</b>	<b>THURSDAY 6/22</b>	<b>FRIDAY 6/23</b>
9:00-9:30AM	OPENING Free Play (B)	OPENING Free Play (B)	OPENING Free Play Crazy Hair Day (B)	OPENING Free Play (B)	OPENING Free Play (B)
CENTER 1 9:30-10:15AM	Orientation Tour Group Names (B)	Crystal Making (PT)	Balloon Rockets (B)	Exterminator (O)	Nature Walk (Park)
CENTER 2 10:15-11:00AM	Robot Building (B)	Over Under (MP)	Pick up the Popcorn (MP)	Slime (P)	<b>FULL SPECTRUM</b> 10-11am (MP)
CENTER 3 11:00-11:45AM	Kick Ball (O)	Groovy Names and Picture Frame (B)	Sponge Relay (O)	Bubbles (Park)	Candy Atom (PT)
LUNCH 11:45-12:30PM	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
CENTER 4 12:35-1:40PM	Marshmallow Molecules (MP)	OPEN SWIM	Pavillion (P)	OPEN SWIM	Lava Lamps (PT)
CENTER 5 1:40-2:40PM	Science Journals (P)	OPEN SWIM	Popsicle Catapultes (B)	OPEN SWIM	Flag Grab (O)
2:45-3:15PM	Aquatics Speaker (SNACK)	OPEN SWIM	(SNACK)	OPEN SWIM	(SNACK)
Center 6 3:15-4:15PM	Mingle Mingle (O)	Swim Change Snack	Foam Experiment (PT)	Swim Change Snack	Science Coloring (B)
4:15-4:30PM	CLOSING (B)	CLOSING (B)	CLOSING (B)	CLOSING (B)	CLOSING (B)
4:30-5:00PM	Board Game (B)	Board Game (B)	Board Game (B)	Board Game (B)	Board Game (B)

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# CAMP FIT: Happy Birthday USA!

WEEK: 4

<b>CAMP FIT</b>	<b>MONDAY 6/26</b>	<b>TUESDAY 6/27</b>	<b>WEDNESDAY 6/28</b>	<b>THURSDAY 6/29</b>	<b>FRIDAY 6/30</b>
9:00-9:30AM	OPENING Free Play (B)	OPENING Free Play (B)	OPENING Free Play Red,White, & Blue Day	OPENING Free Play (B)	OPENING Free Play (B)
CENTER 1 9:30-10:15AM	Orientation Tour Group Names (B)	Firework Sand Art (PT)	Firework Painting (PT)	Paper Lanterns (MP)	Water Relay (O)
CENTER 2 10:15-11:00AM	Obstacle Course (O)	Jeep Safari (B)	R.W.B Fuse Beads (B)	Tree Tag (Park)	Defender of the Cones (MP)
CENTER 3 11:00-11:45AM	Firework Jewelry (B)	Popsicle Rockets (MP)	Sponge Toss (O)	Red, White, Blue Runway (B)	Plate Taberines (B)
LUNCH 11:45-12:30PM	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
CENTER 4 12:35-1:40PM	Headbands/Hats (B)	OPEN SWIM	Steal the Bacon (MP)	OPEN SWIM	Soccer (O)
CENTER 5 1:40-2:40PM	Balloon Stomp (MP)	OPEN SWIM	Bubbles (Park)	OPEN SWIM	Confetti Cannons (PT)
2:45-3:15PM	(SNACK)	OPEN SWIM	(SNACK)	OPEN SWIM	(SNACK)
Center 6 3:15-4:15PM	Pavillion (P)	Swim Change Snack	Parade Wands (B)	Swim Change Snack	Musical Chairs (B)
4:15-4:30PM	CLOSING (B)	CLOSING (B)	CLOSING (B)	CLOSING (B)	CLOSING (B)
4:30-5:00PM	Board Game (B)	Board Game (B)	Board Game (B)	Board Game (B)	Board Game (B)

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# CAMP FIT: In a Galaxy Far Far Away...

WEEK: 5

<b>CAMP FIT</b>	<b>MONDAY 7/3</b>	<b>TUESDAY 7/4</b>	<b>WEDNESDAY 7/5</b>	<b>THURSDAY 7/6</b>	<b>FRIDAY 7/7</b>
9:00-9:30AM	OPENING Free Play (B)	<b>NO CAMP</b>  <b>4th of July</b>	OPENING Free Play (B)	OPENING Free Play (B)	OPENING Free Play (B)
CENTER 1 9:30-10:15AM	Orientation Tour Group Names (B)		Mouse Trap (G)	Freeze Dance (B)	Planet Making (B)
CENTER 2 10:15-11:00AM	Yoda Ears/ Lieah Buns (B)		Race Through Tattooine (Park)	Galaxy Jar (PT)	Space Rocks (PT)
CENTER 3 11:00-11:45AM	Force Field (O)		Space Mobile (B)	Clone Wars (MP)	The Dark Side (Park)
LUNCH 11:45-12:30PM	LUNCH		LUNCH	LUNCH	LUNCH
CENTER 4 12:35-1:40PM	Jedi Robes (MP)		Death Star Take Down (O)	OPEN SWIM	Save The Prisoners (MP)
CENTER 5 1:40-2:40PM	Pipcleaner Sabers (B)		Wookie Snacks (PT)	OPEN SWIM	Podracers (B)
2:45-3:15PM	Mobile Library Bus 2-4pm (SNACK)		(SNACK)	OPEN SWIM	(SNACK)
Center 6 3:15-4:15PM	Free Han Solo (o)		Doodle Back (MP)	Swim Change Snack (B)	Galaxy Slime (PT)
4:15-4:30PM	CLOSING (B)		CLOSING (B)	CLOSING (B)	CLOSING (B)
4:30-5:00PM	Board Game (B)	Board Game (B)	Board Game (B)	Board Game (B)	

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# CAMP FIT: Christmas in July

WEEK: 6

<b>CAMP FIT</b>	<b>MONDAY 7/10</b>	<b>TUESDAY 7/11</b>	<b>WEDNESDAY 7/12</b>	<b>THURSDAY 7/13</b>	<b>FRIDAY 7/14</b>
9:00-9:30AM	OPENING Free Play (B)	OPENING Free Play (B)	OPENING Free Play Backwards Day (B)	OPENING Free Play (B)	OPENING Free Play (B)
CENTER 1 9:30-10:15AM	Orientation Tour Group Names (B)	Q-Tip Paper Snowflakes (B)	Snow Gear Relay (B)	Park	Popsicle Stick Tree (MP)
CENTER 2 10:15-11:00AM	Freeze Tag (O)	Who has the Present? (MP)	Popsicle Stick Reindeer (MP)	Snowflake Tag (O)	
CENTER 3 11:00-11:45AM	Suck it Up (B)	Hot Chocolate Relay (O)	Pie Face (PT)	Saran Wrap Ball (B)	Milk & Cookies (B)
LUNCH 11:45-12:30PM	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
CENTER 4 12:35-1:40PM	Build an Igloo (B)	OPEN SWIM	Snow Globe Plate (B) Mobile Rec	OPEN SWIM	Ornaments (B)
CENTER 5 1:40-2:40PM	Gym	OPEN SWIM	12:30-2:30pm Snowball Toss (O)	OPEN SWIM	Snow Cones (PT)
2:45-3:15PM	(SNACK)	OPEN SWIM	(SNACK)	OPEN SWIM	(SNACK)
Center 6 3:15-4:15PM	Frosty Flubber (PT)	Swim Change Snack	Frosty Flubber (PT)	Swim Change Snack	Color Sort (MP)
4:15-4:30PM	CLOSING (B)	CLOSING (B)	CLOSING (B)	CLOSING (B)	CLOSING (B)
4:30-5:00PM	Board Game (B)	Board Game (B)	Board Game (B)	Board Game (B)	Board Game (B)

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# CAMP FIT: Heros's vs. Villians

WEEK: 7

CAMP FIT	MONDAY 7/17	TUESDAY 7/18	WEDNESDAY 7/19	THURSDAY 7/20	FRIDAY 7/21
9:00-9:30AM	OPENING Free Play (B)	OPENING Free Play (B)	OPENING Free Play Hero or Villian Day (B)	OPENING Free Play (B)	OPENING Free Play (B)
CENTER 1 9:30-10:15AM	Orientation Tour Group Names	Freeze Tag Heroes Vs. Villians (O)	Masks (B)	Shield Toss (O)	Count Down (Park)
CENTER 2 10:15-11:00AM	Super Logos (B)	Dr. X Mind Control (MP)	Save The People (MP)	Name That Hero (B)	Over Under Race (MP)
CENTER 3 11:00-11:45AM	Force Field (O)	Why So Serious?!? (B)	Super Hero Dash (O)	Cap. America Shields (B)	Grow Kryptonite (B)
LUNCH 11:45-12:30PM	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
CENTER 4 12:35-1:40PM	Clean Up The City (MP)	OPEN SWIM	Comic Flip Books (B)	OPEN SWIM	Kryptonite (B)
CENTER 5 1:40-2:40PM	Riddles with Riddler (B)	OPEN SWIM	Create your own action figure (PT)	OPEN SWIM	Mr. Freeze Dance (MP)
2:45-3:15PM	Aquatics Speaker (SNACK)	OPEN SWIM	(SNACK)	OPEN SWIM	(SNACK)
Center 6 3:15-4:15PM	Heroes in training Obstacle Course (O)	Swim Change (SNACK)	Wii (B)	Swim Change (SNACK)	Coloring Pages/ Seuper Hero Movie (B)
4:15-4:30PM	CLOSING (B)	CLOSING (B)	CLOSING (B)	CLOSING (B)	CLOSING (B)
4:30-5:00PM	Board Games (B)	Board Games (B)	Board Games (B)	Board Games (B)	Board Games (B)

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# CAMP FIT: Sport Team Spirt Week

WEEK: 8

<b>CAMP FIT</b>	<b>MONDAY 7/24</b>	<b>TUESDAY 7/25</b>	<b>WEDNESDAY 7/26</b>	<b>THURSDAY 7/27</b>	<b>FRIDAY 7/28</b>
9:00-9:30AM	OPENING Free Play (B)	OPENING Free Play (B)	OPENING Free Play JERSEY DAY (B)	OPENING Free Play (B)	OPENING Free Play (B)
CENTER 1 9:30-10:15AM	Orientation Tour Group Names	Straw Race (MP)	Parachutes (PT)	Soccer (O)	Tissue Paper art (MP)
CENTER 2 10:15-11:00AM	Medal Making (B)	Spirit Banners/ PomPoms (B)	Obstacle Course (O)	Jersey Making (MP)	Paper Spinners (B)
CENTER 3 11:00-11:45AM	Kickball (O)	GYM	Park	Finger Football (B)	Frisbee Toss (O)
LUNCH 11:45-12:30PM	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
CENTER 4 12:35-1:40PM	Sports Relay Race (O)	OPEN SWIM	Capture The Flag (O)	OPEN SWIM	Sport Magnets (MP)
CENTER 5 1:40-2:40PM	Team Visors (B)	OPEN SWIM	Fuse Beads (B)	OPEN SWIM	Dodgeball (B)
2:45-3:15PM	(SNACK)	OPEN SWIM	Mobile Library Bus 2-4pm (SNACK)	OPEN SWIM	(SNACK)
Center 6 3:15-4:15PM	Pavilion	Swim Change Snack	Pacman (B)	Swim Change Snack (B)	Wii (B)
4:15-4:30PM	CLOSING (B)	CLOSING (B)	CLOSING (B)	CLOSING (B)	CLOSING (B)
4:30-5:00PM	Board Game (B)	Board Game (B)	Board Game (B)	Board Game (B)	Board Game (B)

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