





# June

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>Gratuities, gifts, &amp; tips, may NOT be accepted by City of Fontana employees</b>	1 BBQ Beef & Veggie w/ Bell Peppers & Onions over Brown Rice	2 Chicken Leg Quarters w/ Orange Sauce, Asparagus, & Mashed Potatoes	3 Ground Beef Taco Salad w/ Sour Cream & Salsa	4 Asian BBQ Chicken Slaw w/ Mandarin Slices, & Pita Bread	5 Ham & Turkey Sandwich w/ Onions, Tomatoes, Lettuce, Cheese, Fruit Salad, & Chips	6 <b>Movies This Month</b> Monday: The Guest Friday: The Homesman
7 <b>\$4 per Senior Resident 55+ Years \$6 for all other Guests</b>	8 Beef Stew Over Brown Rice & Hawaiian Roll	9 Tilapia Fish w/ Chimichurri Sauce, & Couscous Salad	10 Pork Burger w/ Coleslaw, and Baked Chips	11 Meat Loaf w/ Gravy, Mashed Sweet Potatoes, Peas, & Bread	12 <b>Father's Day</b> Cranberry Cornish Hen w/ Mushroom Polenta, Spinach	13 Monday: Goodwill Hunting Friday: Reign Over Me
14  <b>"LIKE" the FCSC on FACEBOOK</b>	15 Grilled Chicken Wrap w/ Tomato, Lettuce, Cheese, & Italian Noodle Salad	16 Chicken Fiesta w/ Broccoli, Cheesy Potatoes, & Hawaiian Roll	17 Apple Stuffed Pork Chops w/ Stuffing, & Green Beans	18 Tuna Salad with Pita Bread, and Deluxe Fruit	19 <b>Birthday Lunch</b> Flank Steak w/ White Rice, Roasted Walnuts, & Green Beans	20 Monday: The Messenger Friday: Charlie St. Cloud
21  <b>16710 Ceres Avenue Fontana CA, 92335 (909) 854-5151</b> FONTANA COMMUNITY <b>SENIOR CENTER</b>	22 Creamy Chicken Caesar Pasta w/ Salad and Bread	23 Stuffed Beef & Rice Bell Peppers w/ Mashed Potatoes, & Red Sauce	24 Shrimp Fettuccine Alfredo, w/ Asparagus, and a Roll	25 Pepperoni and Sausage Pizza, w/ Coleslaw	26 <b>4th of July Picnic</b> BBQ Pork Ribs w/ Macaroni Salad, Baked Beans, & Slice of Watermelon	27 Monday: The Imitation Game Friday: Coping Beethoven
28 <b>All lunch sales are FINAL No refunds.</b>	29 Chicken Spinach Ranch Pasta, Salad w/ Basil, Onions, Tomatoes, Cucumber, Shredded Carrots, & Roll	30 Ground Beef Enchiladas, w/ Sour Cream, Lettuce, Cilantro, Rice, & Corn				<b>No Programming</b>

# June Vegetarian Menu

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>Gratuities, gifts, &amp; tips, may NOT be accepted by City of Fontana employees</b>	1 Soy Beef & Veggie w/ Bell Peppers & Onions over Brown Rice	2 Soy Chicken w/ Orange Sauce, Asparagus, & Mashed Potatoes	3 Soy Beef Taco Salad w/ Sour Cream & Salsa	4 Soy Chicken Slaw w/ Mandarin Slices, & Pita Bread	5 Cheese Sandwich w/ Onions, Tomatoes, Lettuce, Cheese, Fruit Salad, & Chips	6 <b>Movies This Month</b> Monday: The Guest Friday: The Homesman
7 <b>\$4 per Senior Resident 55+ Years \$6 for all other Guests</b>	8 Soy Beef Stew Over Brown Rice & Hawaiian Roll	9 Soy Fish w/ Chimichurri Sauce, & Couscous Salad	10 Soy Beef Burger w/ Coleslaw, and Baked Chips	11 Soy Beef w/ Gravy, Mashed Sweet Potatoes, Peas, & Bread	12 <b>Father's Day</b> Soy Chicken w/ Mushroom Polenta, Spinach	13 Monday: Goodwill Hunting Friday: Reign Over Me
14  <b>"LIKE" the FCSC on FACEBOOK</b>	15 Soy Chicken Wrap w/ Tomato, Lettuce, Cheese, & Italian Noodle Salad	16 Soy Chicken Fiesta w/ Broccoli, Cheesy Potatoes, & Hawaiian Roll	17 Soy Beef w/ Stuffing, & Green Beans	18 Tuna Salad with Pita Bread, and Deluxe Fruit	19 <b>Birthday Lunch</b> Soy Beef w/ White Rice Roasted Walnuts, & Green Beans	20 Monday: The Messenger Friday: Charlie St. Cloud
21  <b>16710 Ceres Avenue Fontana CA, 92335 (909) 854-5151</b> FONTANA COMMUNITY <b>SENIOR CENTER</b>	22 Soy Chicken Caesar Pasta w/ Salad and Bread	23 Soy Beef & Rice Bell Peppers w/ Mashed Potatoes, & Red Sauce	24 Soy Fish Fettuccine Alfredo, w/ Asparagus, and a Roll	25 Veggie Pizza, w/ Coleslaw	26 <b>4th of July Picnic</b> BBQ Soy Beef w/ Macaroni Salad, Baked Beans, & Slice of Watermelon	27 Monday: The Imitation Game Friday: Coping Beethoven
28 <b>All lunch sales are FINAL No refunds.</b>	29 Soy Chicken Spinach Ranch Pasta, Salad w/ Basil, Onions, Tomatoes, Cucumber, Shredded Carrots, & Roll	30 Soy Beef Enchiladas, w/ Sour Cream, Lettuce, Cilantro, Rice, & Corn Salad				<b>No Programming</b>