

## **Senior Citizens Services**

Seniors, at risk adults and people with disabilities can obtain information on housing, medical care, legal assistance, social programs, employment and more from the agencies listed below.

### **American Association of Retired Persons State Offices**

- State Offices
- Local Chapters (within 10 miles)

### **Arthritis Foundation**

Inland Empire Branch:

Office Hours: 8:30 a.m. - 5:00 p.m. (4:30 p.m. on Friday)

4060 Chestnut St.

Riverside, CA 92501-3537

Phone: (909) 320-1540

Email: [info.sca.ieb@arthritis.org](mailto:info.sca.ieb@arthritis.org)

Fax: (909) 320-1543

Toll Free Phone: (800) 954-2873

### **California Senior Legislature**

#### **Senior Assembly Member - Juanita Beighle**

27235 Pleasant Hill Dr.

Highland, CA 92346-2266

Phone: (909) 862-9710

Email: [jmbnitabeighle@earthlink.net](mailto:jmbnitabeighle@earthlink.net)

### **Lifeline Medical Alarms Information Phone:**

- 1-800-380-3111

### **Rolling Start -**

"We empower and educate people with disabilities to achieve the independent life of their choice."

San Bernardino

570 W 4th St., Suite 103

San Bernardino, CA 92401

Phone: (909) 988-2129

Fax: (909) 938-7446

TDD: (909) 988-7396

### **San Bernardino County Department of Aging & Adult Services -**

Providing service to seniors and at risk individuals to improve or maintain choice, independence, and quality of life. The Department works to ensure seniors and adults with disabilities have the right to age in place in the least restrictive environment! Visit the website or call to find out about the variety of services and programs available.

Local Chapter:

Contact: E. Stacey Cromartie

8572 Sierra Ave.

Fontana, CA 92335

Phone: (909) 829-8515

Fax: (909) 829-0313

**San Bernardino County Health Services System**

**Department of Public Health**

**Division of Environmental Health Services**

Environmental Health Specialist - Christopher Ravenstein, REHS  
385 N. Arrowhead Ave., 2nd Floor  
San Bernardino, CA 92415-0160  
Phone: (909) 382-3047  
FAX: (909) 387-4323

**San Bernardino County Health Services System**

**Department of Public Health**

Public Health Nurse - Frances Lawyer, RN, BSN\*  
340 N. Mountain View Ave.  
San Bernardino, CA 92415-0010  
Phone: (909) 458-9699  
Fax: (909) 387-3887

\*Visits the Josephine Knopf Senior Center on the 3rd Wednesday of every month.

**San Bernardino County Senior Citizens Centers**

Local Senior Centers:

Josephine Knopf Senior Center  
8384 Cypress Ave.  
Fontana, CA 92335  
Phone: (909) 428-8376

Rialto Senior Center  
214 N Palm Avenue  
Rialto, CA 92376  
Phone: (909) 820-2616

**San Bernardino County Senior Information Assistance TDD/TTY and Voice Phone:**

- (909) 988-2129

**Senior Transportation Phone:**

- (909) 428-8377

**Social Security Information**

Fontana Branch:  
Monday-Friday: 9:00 a.m. - 4:30 p.m.  
9765 Sierra Ave, Suite L  
Fontana, CA 92335  
Phone: (800) 772-1213  
TTY: (800) 325-0778

**The Oldtimers Foundation -**

The foundation provides assistance with housing, nutrition, transportation services, education, health, arts and culture, home maintenance and conservation, and classes and recreational activities.

Fontana Chapter:  
8572 Sierra Ave.  
Fontana, CA 92335  
Phone: (909) 829-0384