

Educational Classes

AMERICAN SIGN LANGUAGE - INTRO

 **\$50/4 wks.**



Start with finger spelling, then move on to greetings, and basic phrases as you learn to communicate in sign language.
Cypress Center | 909.428.8374 | Min Max: 3/15 | Instructor Linda Conrad

Activity #	Ages	Day	Time	Date
7717.401	18+	Mon	9:00- 10:30 am	Sep. 21
7717.402	18+	Mon	9:00- 10:30 am	Oct. 19
7717.403	18+	Mon	9:00- 10:30 am	Nov. 16
7717.404	18+	Mon	5:00- 6:30 pm	Sep. 21
7717.405	18+	Mon	5:00- 6:30 pm	Oct. 19
7717.406	18+	Mon	5:00- 6:30 pm	Nov. 16

AMERICAN SIGN LANGUAGE - LEVEL II

 **\$50/4 wks.**

Advance from beginning into the next level as you learn to communicate in sign language.
Cypress Center | 909.428.8374 | Min Max: 3/15 | Instructor Linda Conrad

Activity #	Ages	Day	Time	Date
7717.401	18+	Mon	10:30am-12:00 pm	Sep. 21
7717.402	18+	Mon	10:30am-12:00 pm	Oct. 19
7717.403	18+	Mon	10:30am-12:00 pm	Nov. 16
7717.404	18+	Mon	6:30- 8:00 pm	Sep. 21
7717.405	18+	Mon	6:30- 8:00 pm	Oct. 19
7717.406	18+	Mon	6:30- 8:00 pm	Nov. 16

AMERICAN SIGN LANGUAGE

 **\$60/6 wks.**

Learn beginning American Sign Language skills through fun active learning including sign language playing cards, video/DVD clips and interactive games.

Don Day Neighborhood Center | (909) 428-8383 | Instructor: Jennifer Bruno-Conde | Min/Max: 6/20

Activity #	Ages	Day	Time	Date
2727.401	10+	Wed.	5:30 - 6:30 pm	Aug. 19
2727.402	10+	Wed.	5:30 - 6:30 pm	Sep. 30
2727.403	10+	Wed.	5:30 - 6:30 pm	Nov. 11*

*No Class 11/23 - 11/29

COMPUTER MAINTENANCE

 **\$40/4 wks.**

Defrag your hard drive, run scan-disc, protect your computer from viruses, organize your work by creating a file system.

Knopf Senior Center | (909) 428-8376 | Instructor: Randa Lee | Min/Max: 4/8

Activity #	Ages	Day	Time	Date
7709.401	18+	Sat.	11:00 am - 1:00 pm	Sep. 26
7709.402	18+	Sat.	11:00 am- 1:00 pm	Oct. 24
7709.403	18+	Sat.	11:00 am - 1:00 pm	Nov. 21

ESL (INGLES PARA MI)

 **\$25/4 wks.**

Necesita ayuda para aprender ingles? Esta nueva clase emocionante de ESL es perfecta para los adultos que estan interesados en pulir para arriba en el ingles basico. Usando tecnicas visuales, usted aprendera saludos, los dias de la semana, los leses, los numeros, ingles conversacional y mas!

Heritage Neighborhood Center | (909) 428-8820 | Min/Max: 3/10

Instructor: Candy Gastelum

Activity #	Ages	Day	Time	Date
6722.401	18+	Tu. & Th.	6:30 pm - 8:00 pm	Aug. 25
6722.402	18+	Tu. & Th.	6:30 pm - 8:00 pm	Sep. 22
6722.403	18+	Tu. & Th.	6:30 pm - 8:00 pm	Oct. 20
6722.404	18+	Tu. & Th.	6:30 pm - 8:00 pm	Nov. 17*

*No class the week of November 23-29

NEW! ESL CLASS

 **\$35/4 wks.**

Si usted quiere aprender a hablar ingles para mejorar su vida diaria y ganar mas dinero, entonces esta clase es para usted. La clase tendra enfasis en la conversacion y tambien repasara un poco la lectura y escritura del idioma ingles.

Don Day Center | (909) 428-8383 | Min/Max: 6/20 | Instructor: Candy Gastelum

Activity #	Ages	Day	Time	Date
0735.401	15+	Sat.	9:00 am-11:00 am	Aug. 29
0735.402	15+	Sat.	9:00 am-11:00 am	Sep. 26
0735.403	15+	Sat.	9:00 am-11:00 am	Oct. 24
0735.404	15+	Sat.	9:00 am-11:00 am	Nov. 21*

*No Class 11/23 - 11/29

YOU & ME PLAY SCHOOL

 **\$50/4 wks.**

\$40/4wks. add family

Come be a part of You & Me play school where learning is fun! A special time for you to play and learn with your child; this two hour class welcomes siblings to our play school. A \$5 supply fee is due to the instructor on the first day of class. Parent participation required.

Heritage Neighborhood Center | (909) 428-8820 | Min/Max: 6/20

Instructor: Terri Pointdexter & Adrian Delgado

Activity #	Ages	Day	Time	Date
6736.401	2-6	T&Th.	9:00 am - 10: 45am	Aug. 25
6736.402	2-6	T&Th.	9:00 am - 10: 45am	Sep. 22
6736.403	2-6	T&Th.	9:00 am - 10: 45am	Oct. 20
6736.404	2-6	T&Th.	9:00 am - 10: 45am	Nov. 17*

*No class the week of November 23-29

LETTER LEARNER

 **\$15/4 wks.**



This class will focus solely on the alphabet by identifying and writing letters. A \$3 supply fee is due to the instructor on the first day of class.

Heritage Neighborhood Center | (909) 428-8820

Instructor: Terri Pointdexter

Activity #	Ages	Day	Time	Date
6725.401	4-5	Fri.	9:00 am - 9:45 am	Aug. 28
6725.402	4-5	Fri.	9:00 am - 9:45 am	Sep. 25
6725.403	4-5	Fri.	9:00 am - 9:45 am	Oct. 23
6725.404	4-5	Fri.	9:00 am - 9:45 am	Nov. 20

*No class the week of November 23-29

MATH WIZARDS

 **\$25/3 wks.**

This fun filled class explores and teaches key concepts for your child's grade year. Designed to strengthen and build your child's confidence in basic math operations.

Heritage Neighborhood Center | (909) 428-8820 | Instructor: Amelia Deita | Min/Max: 6/20

Activity #	Ages	Day	Time	Date
6752.401	7-14	Mon.	6:00 pm - 6:45 pm	Aug. 24*
6752.402	7-14	Mon.	6:00 pm - 6:45 pm	Sep. 21
6752.403	7-14	Mon.	6:00 pm - 6:45 pm	Oct. 19
6752.404	7-14	Mon.	6:00 pm - 6:45 pm	Nov. 16**
6752.405	7-14	Wed.	6:00 pm - 6:45 pm	Aug. 26
6752.406	7-14	Wed.	6:00 pm - 6:45 pm	Sep. 23
6752.407	7-14	Wed.	6:00 pm - 6:45 pm	Oct. 21
6752.408	7-14	Wed.	6:00 pm - 6:45 pm	Nov. 18**

*No Class September 7 / 3 week session: \$18.75

**No Class the week of November 23-29

Educational Classes

LEARN WITH FUN

 **\$20/4 wks.**

Help your child experience fun with music, books and crafts. A \$5 supply fee is due to the instructor on the first day of class.

Don Day Center | (909) 428-8383 | Min/Max: 6/20 | Instructor: Lori Powers

Activity #	Ages	Day	Time	Date
2709.401	1.5-5	Fri.	8:30 am - 10:30 am	Sep. 4
2709.402	1.5-5	Fri.	8:30 am - 10:30 am	Oct. 2
2709.403	1.5-5	Fri.	8:30 am - 10:30 am	Oct. 30
2709.404	1.5-5	Fri.	8:30 am - 10:30 am	Dec. 4*
2709.405	1.5-5	Fri.	11:00 am - 1:00 pm	Sep. 4
2709.406	1.5-5	Fri.	11:00 am - 1:00 pm	Oct. 2
2709.407	1.5-5	Fri.	11:00 am - 1:00 pm	Oct. 30
2709.408	1.5-5	Fri.	11:00 am - 1:00 pm	Dec. 4*

*3 week session \$15.00

GYMBOREE PLAY & LEARN

 **\$45/4 wks.**

Encourage development through play and learning with this program is designed to support your child's growth at his/her own individual pace. From sensory stimulation to problem solving games and story telling, these classes use play based activities to stretch the body and mind.

Don Day Center | (909) 428-8383 | Min/Max: 6/15 | Instructor: Gymboree Staff

Level 1 & Level 2

Activity #	Ages	Day	Time	Date
2710.401	3 mo. - 9 mo.	Mon.	9:30 am - 10:00 am	Aug. 28
2710.402	3 mo. - 9 mo.	Mon.	9:30 am - 10:00 am	Sep. 25
2710.403	3 mo. - 9 mo.	Mon.	9:30 am - 10:00 am	Oct. 23
2710.404	3 mo. - 9 mo.	Mon.	9:30 am - 10:00 am	Nov. 20*

*No Class 11/23 - 11/29

ALPHABET LEARNERS

 **\$20/4 wks.**

Each week help your child learn a new letter through writing, songs, sounds, crafts, food and much more. \$5 supply fee due to instructor on the first day of class.

Don Day Neighborhood Center | (909) 428-8383 | Instructor: Lori Powers | Min/Max: 6/20

Activity #	Ages	Day	Time	Date
2704.401	1.5-5	Tues.	10:00am - 12:00pm	Sep. 1
2704.402	1.5-5	Tues.	10:00am - 12:00pm	Sep. 29
2704.403	1.5-5	Tues.	10:00am - 12:00pm	Oct. 27
2704.404	1.5-5	Tues.	10:00am - 12:00pm	Dec. 1*

*3 week session \$15.00

*No class the week of June 29 - July 5

GYMBOREE FAMILY MUSIC

 **\$45/4 wks.**

Gymboree's music will introduce your child to a variety of musical styles. Through singing, dancing, movement games and instruments, your child learns important musical "building blocks" which also provide a powerful tool that impacts your child's physical, social, emotional and intellectual development.

Don Day Center | (909) 428-8383 | Min/Max: 6/15 | Instructor: Gymboree Staff

Activity #	Ages	Day	Time	Date
2707.401	6 mo.-5yr.	Mon.	10:10 am - 10:40 am	Aug. 28
2707.402	6 mo.-5yr.	Mon.	10:10 am - 10:40 am	Sep. 25
2707.403	6 mo.-5yr.	Mon.	10:10 am - 10:40 am	Oct. 23
2707.404	6 mo.-5yr.	Mon.	10:10 am - 10:40 am	Nov. 20*

*No Class 11/23 - 11/29

WATCH ME GROW

 **\$25/4 wks.**

A special time for you to play and learn with your child. A different theme each week. A \$5 supply fee is due to the instructor on the first day of class.

Heritage Neighborhood Center | (909) 428-8820 | Instructor: Terri Poindexter

Activity #	Ages	Day	Time	Date
6726.401	2-5	Fri.	10:00 - 11:45 am	Aug. 28
6726.402	2-5	Fri.	10:00 - 11:45 am	Sep. 25
6726.403	2-5	Fri.	10:00 - 11:45 am	Oct. 23
6726.404	2-5	Fri.	10:00 - 11:45 am	Nov. 20*
6726.405	2-5	Fri.	12:00 - 1:45 pm	Aug. 28
6726.406	2-5	Fri.	12:00 - 1:45 pm	Sep. 25
6726.407	2-5	Fri.	12:00 - 1:45 pm	Oct. 23
6726.408	2-5	Fri.	12:00 - 1:45 pm	Nov. 20*

*No class the week of November 23-29

PHONICS FANATIC

 **\$25/3 wks.**

This class will teach your child key rules in the use of sounds and formation of words. Your child will also learn how to pinpoint and understand important information in a text, and summarize sequentially the chain of events.

Heritage Neighborhood Center | (909) 428-8820 | Instructor: Amelia Deita | Min/Max: 6/20

Activity #	Ages	Day	Time	Date
6751.401	4-7	Mon.	5:00 pm - 5:45 pm	Aug. 24*
6751.402	4-7	Mon.	5:00 pm - 5:45 pm	Sep. 21
6751.403	4-7	Mon.	5:00 pm - 5:45 pm	Oct. 19
6751.404	4-7	Mon.	5:00 pm - 5:45 pm	Nov. 16**
6751.405	4-7	Wed.	5:00 pm - 5:45 pm	Aug. 26
6751.406	4-7	Wed.	5:00 pm - 5:45 pm	Sep. 23
6751.407	4-7	Wed.	5:00 pm - 5:45 pm	Oct. 21
6751.408	4-7	Wed.	5:00 pm - 5:45 pm	Nov. 18**

*No Class September 7 / 3 week session: \$18.75

**No Class the week of November 23-29

INGLES PRACTICO

 **\$70/8 wks.**

Quiere aprender ingles en poco tiempo? Esta clase es para usted. Aqui obtendra el conocimiento y las herramientas para poder comunicarse en ingles. Un ingles practico y sencillo.

Jessie Turner Health & Fitness Center | (909) 854-5100 | Min/Max: 6/24

Instructor: Raffhael Animas

Activity #	Ages	Level	Day	Time	Date
3711.401	18+	Beg.	Tue.	7:00 pm - 8:30 pm	Oct. 20

* No class on Tuesday, November 24

PRACTICAL SPANISH

 **\$80/8 wks.**

Want to learn spanish in an easy and fun way and be able to use it in every day life? Then this class is for you! In this class you will obtain the knowledge and tools to communicate in spanish for personal or business.

Jessie Turner Health & Fitness Center | (909) 854-5100 | Min/Max: 5/15

Instructor: Raffhael Animas

Activity #	Ages	Level	Day	Time	Date
3713.401	18+	Beg.	Tue.	5:30 pm - 7:00 pm	Oct. 20

* No class on Tuesday, November 24

APRENDA INGLES - ESL

 **\$30/4 wks.**

Hable ingles con facilidad. Aprenda el ingles para comunicarse en las compras diarias, en sus estudios, y en su empleo. No se detenga de progresar en este pais. Esta clase es el primer paso a su progreso. Una hora/dos veces a la semana.

Learn English to communicate better wherever you go. Don't let not speaking English stop you from opportunities and progress. This class is the first step to bettering your future. One hour/two days a week.

Cypress Center | (909) 428-8374 | Min/Max: 3/15

Instructor: Gean Bigler

Activity #	Ages	Day	Time	Date
7706.401	18+	M.&Th.	12:30 pm	Sep. 21
7706.402	18+	M.&Th.	12:30 pm	Oct. 19
7706.403	18+	M.&Th.	12:30 pm	Nov. 16*

*Fee: \$26.25

INSTRUCTORS WANTED

CALL (909) 428-8360

Tutor Whiz / Fun, Fitness, & Skills

TUTOR WHIZ

All Tutor Whiz classes are held at 7890 Haven Ave. #10 in Rancho Cucamonga. Please register prior to attending as no on-site registration will be accepted. For more information please call (909) 854-5100, Jessie Turner Center. *\$10 curriculum fee due to instructor on the first class meeting. No on-site Registration.

PHONICS FUN

 **\$49/3 wks.**

Through the use of flashcards, visual aids and games your child will learn some key rules in the use of sounds and formation of words.

Classes held at Tutor Whiz 7890 Haven Ave. #10 In Rancho Cucamonga
(909) 854-5100 | Instructor: Tutor Whiz | Min/Max: 3/10

Activity #	Ages	Day	Time	Date
0717.401	4-8	Sat.	9:00 am - 9:45 am	Sep. 26
0717.402	4-8	Sat.	9:00 am - 9:45 am	Oct. 24
0717.403	4-8	Sat.	9:00 am - 9:45 am	Nov. 21

ALGEBRA

 **\$49/3 wks.**

This class will show your child some key formulas and concepts students usually struggle with, and that are much needed in this subject! It can help motivate the student and increase self-confidence. Don't miss it!

Classes held at Tutor Whiz 7890 Haven Ave. #10 In Rancho Cucamonga
(909) 854-5100 | Min/Max: 3/10 | Instructor: Tutor Whiz

Activity #	Ages	Day	Time	Date
0718.401	11-17	Sat.	10:15 am - 11:00 am	Sep. 26
0718.402	11-17	Sat.	10:15 am - 11:00 am	Oct. 24
0718.403	11-17	Sat.	10:15 am - 11:00 am	Nov. 21

CAT 6 & SAT PREP

 **\$49/3 wks.**

Take the anxiety out of test taking! This class introduces the main aspects of the exam: Critical Thinking, Math/Algebra Skills, Comprehension and Vocabulary in a fun environment.

Classes held at Tutor Whiz 7890 Haven Ave. #10 In Rancho Cucamonga
(909) 854-5100 | Min/Max: 3/10 | Instructor: Tutor Whiz

Activity #	Ages	Day	Time	Date
0719.401	8-19	Sat.	11:30 am - 12:15 pm	Sep. 26
0719.402	8-19	Sat.	11:30 am - 12:15 pm	Oct. 24
0719.403	8-19	Sat.	11:30 am - 12:15 pm	Nov. 21

MATH MANIA

 **\$49/3 wks.**

This fun-filled class explores and teaches key concepts for your child's grade year. The use of games, drills, races, and word problems help make this class fun, while improving mental math skills! Designed to strengthen and build your child's confidence in basic math operations using addition, subtraction, multiplication, division, fractions and decimals.

Classes held at Tutor Whiz 7890 Haven Ave. #10 In Rancho Cucamonga
(909) 854-5100 | Min/Max: 3/10 | Instructor: Tutor Whiz

Activity #	Ages	Day	Time	Date
0716.401	5-11	Sat.	10:15 am - 11:00 am	Sep. 26
0716.402	5-11	Sat.	10:15 am - 11:00 am	Oct. 24
0716.403	5-11	Sat.	10:15 am - 11:00 am	Nov. 21

READING COMPREHENSION

 **\$49/3 wks.**

A much needed skill for any subject! Your child will learn to pinpoint and understand important information in a text, and summarize sequentially the chain of events.

Classes held at Tutor Whiz 7890 Haven Ave. #10 In Rancho Cucamonga
(909) 854-5100 | Min/Max: 3/10 | Instructor: Tutor Whiz

Activity #	Ages	Day	Time	Date
0720.401	7-19	Sat.	9:00 am - 9:45 am	Sep. 26
0720.402	7-19	Sat.	9:00 am - 9:45 am	Oct. 24
0720.403	7-19	Sat.	9:00 am - 9:45 am	Nov. 21

HEALTHY FONTANA

WINNER OF 2008 HELEN PUTNAM AWARD!
FOR HEALTHY FONTANA PROGRAMS
& CLASSES SEE PAGE 48

FUN, FITNESS & SKILLS

BEGINNING GYMNASTICS **\$25/4 wks.**

Students will enhance their balance, improve their physical fitness, and learn life, skills while learning the basics of gymnastics. Students must pass a skills test to advance to the next level.

Jessie Turner Health & Fitness Center | (909) 854-5100 | Min/Max: 6/10
Instructor: Ernestine Llamas

Activity #	Ages	Level	Day	Time	Date
3501.401	5+	Beg.	Sat.	10:00 am - 11:00 am	Oct. 3*
3501.402	5+	Beg.	Sat.	10:00 am - 11:00 am	Oct. 24*
3501.403	5+	Beg.	Sat.	10:00 am - 11:00 am	Nov. 21**
3501.404	5+	Int.	Sat.	11:00 am - 12:00 pm	Oct. 3*
3501.405	5+	Int.	Sat.	11:00 am - 12:00 pm	Oct. 24*
3501.406	5+	Int.	Sat.	11:00 am - 12:00 pm	Nov. 21**

* \$18.75/3 week session. No class on Saturday, Oct. 31

** No class the week of November 23-29

PILATES & CARDIO CORE **\$20/4 wks.**

Pilates is a powerful method of strength training that provides a full-body workout. Pilates develops core strength, body alignment, flexibility and balance. Bring a mat, towel & water to rehydrate.

Heritage Neighborhood Center | (909) 428-8820 | Min/Max: 6/20
Instructor: Joan Reed

Activity #	Ages	Days	Time	Date
6406.401	18+	M&W	8:15 pm - 8:45 pm	Aug. 24*
6406.402	18+	M&W	8:15 pm - 8:45 pm	Sep. 21
6406.403	18+	M&W	8:15 pm - 8:45 pm	Oct. 19
6406.404	18+	M&W	8:15 pm - 8:45 pm	Nov. 16**

**No class the week of November 23-28

*No Class September 7: Fee \$17.50

NEW! AY YAI YAI AEROBICS **See Fees Below**

Ay yai yai, it's time to move, get fit, get healthy, and have fun. Great music and exercise routines to work entire body. Everyone can reach their maximum potential.

Cypress Center | 909.428.8374 | Instructor Liz Montes

Activity #	Ages	Days	Time	Date
SENIORS Fee: \$36/6 wks.				
7405.401	55+	Thur.	9:30 am - 11:00 am	Aug. 13
7405.402	55+	Thur.	9:30 am - 11:00 am	Sep. 24
7405.403	55+	Thur.	9:30 am - 11:00 am	Nov. 5

LEVEL I | Fee: \$45/6 wks.

7405.404	18+	Wed.	9:30 am - 11:00 am	Aug. 12
7405.405	18+	Wed.	9:30 am - 11:00 am	Sep. 23
7405.406	18+	Wed.	9:30 am - 11:00 am	Nov. 4

LEVEL II | Fee: \$60/6 wks.

7405.407	18+	W&F	9:30 am - 11:00 am	Aug. 12
7405.408	18+	W&F	9:30 am - 11:00 am	Sep. 23
7405.409	18+	W&F	9:30 am - 11:00 am	Nov. 4