



# ***MEDIA RELEASE***

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**FOR IMMEDIATE RELEASE**

## **Fontana Recognized as a Healthy City**

**Fontana, California, April 12, 2011** – The Mayor and City Council are proud to announce that Fontana has been recognized as a Healthy City by San Bernardino County, highlighting the hard work accomplished by the Healthy Fontana program in making Fontana a healthier place to live and work.

“With the alarming rising obesity rate of our children, the Healthy Fontana program is vital to helping our children make the right nutritional choices and allowing them the opportunity to exercise,” said Fontana Mayor Acquanetta Warren. “Every Fontana resident should have the Healthy Fontana website on their computer to help foster nutrition and exercise education.”

The County’s recognition of Fontana came on April 5 during National Public Health Week in celebration of accomplishments towards improving public health. The recognition honors the work done by the Healthy Fontana program along with the County’s Healthy Communities program in working towards changes in environments, policies and systems that will lead to improved health for residents.

The Healthy Fontana program was started in 2004 by Acquanetta Warren with the goal of informing, educating and changing the way people eat, exercise and live. Healthy Fontana encourages residents to make choices that will lead to a healthier lifestyle. The program is administered through the City of Fontana Community Services Department and supported by various community businesses and local organizations.

The Healthy Communities program was created in 2006 as a central point of contact for health related issues throughout the county. The program provides technical assistance to communities throughout the county giving specific recommendations for policy and environmental strategies to improve residents’ health.

The City of Fontana collaborates with the Healthy Communities program on multiple projects throughout the city, partnering with schools, community and faith-based organizations as well as public

and private agencies. These successful partnerships have proven to be an effective tool for improving the health and lifestyles of many Fontana residents. For more information on the Healthy Fontana program visit [healthy.fontana.org](http://healthy.fontana.org).

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